

Rehabilitation After Serious Injury

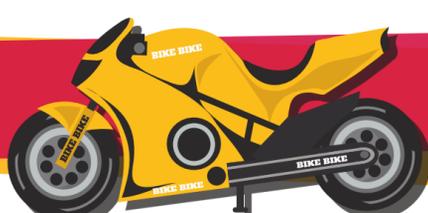
If you've suffered a serious injury then early rehabilitation will inevitably play a key part in speeding up your recovery. The Banner Jones specialist personal injury solicitors will look to work with the defendant's insurers under the rehabilitation code, agreeing and implementing an effective rehabilitation plan.

It is important to start rehabilitation as soon as possible after the injury to give yourself the best chance of a full recovery and therefore aiding an early return to work (where applicable). In serious injury cases your solicitor at Banner Jones will

appoint a professional case manager to ensure the most appropriate rehabilitation plan is put in place for both your physical and psychological injuries. In some cases this will happen even before you are discharged from hospital.

In addition, your solicitor and/or case manager will liaise with your employer to ensure that your job stays open as long as possible. They will also help to ensure that any relevant adjustments or adaptations are made to the workplace, which may include a phased return to work.

Case Study A



“ We had a client who was knocked off their motorcycle which caused them to sustain a serious head injury as well as a **significant psychological trauma**.

Financial considerations meant that they needed an early return to work. An appropriate case manager was appointed who organised both **physiotherapy and psychological therapy** and the goal of an early return to work was achieved. Access to early rehabilitation was critical to this client's recovery. ”

Rehabilitation can take many forms and this will depend on the nature and seriousness of your injuries. It may well involve many different professionals working together with you. The cost of rehabilitation is generally met by the defendant's insurers or sometimes the cost can be included as part of your compensation claim.

Some types of rehabilitation which may be available for you are:

- **Physiotherapy** – This is one of the more common rehabilitation services as physical therapy may help your body recover some functioning. This can also involve a physical fitness regime to help you recover your physical fitness and health.
- **Provision of equipment** in the home and workplace. This can include adaptations and modifications to enable you to move around as independently as possible while at home and at your place of work. Accommodation adjustments such as ramps, walk in showers, raised toilet seats, handrails, widened doors and lowered light switches may all be necessary and we can help to sort this for you.
- **Ongoing treatment** maybe required such as speech and occupational therapy.
- **Psychological counselling** is often necessary to help with the trauma of the injury. There are different types of counselling and psychotherapy, and we can help you to find the right one for you.
- **Nursing care** may be required to help you in the home.
- **Respite for family**. Looking after a loved one can be very tiring and stressful so family respite time can be arranged as part of the process.
- **Transport adjustments**, such as vehicle adaptations may help you to get around more easily by yourself, allowing you to retain your independence.
- **Retraining** for alternative employment maybe required if you are no longer able to go back to your previous line of work because of your injury and it's effects.

Case Study B

“ Our client suffered a **below the knee amputation** following a serious road traffic accident. Due to the nature of their injuries a case manager was appointed to help them make the relevant adaptations at home and at work.

We've assisted them with the provision of wheelchairs, ramps, and crutches as well as a private fitting for both wet and dry prosthetic limbs.

We also arranged for **an accommodation expert to fully assess their long term housing needs** and as a result we are hoping that they will be re-housed into a more suitable home in the future.

The client was also assessed at a specialist driving centre so as to determine whether any adaptations were required to their vehicle to **enable a return to driving**.

All of the above along with ongoing physiotherapy has **allowed our client to return to work**, which is something they weren't sure was going to be possible after such an injury. ”



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